

# Mental Health Phase of Care Meeting Guide

The Independent Health and Aged Care Pricing Authority (IHACPA) is responsible for the development of the classification systems that provide the healthcare sector with a nationally consistent method of classifying all types of patients, their treatment and associated costs across six service categories including: acute care, non-admitted care, emergency care, subacute and non-acute care, mental health care, and teaching, training and research.

## A guide for clinical managers and team members

Use this guide to plan a short education session on the Mental Health Phase of Care (MHPoC) for clinicians.

The IHPA developed the Australian Mental Health Care Classification (AMHCC) to:

- improve the clinical meaningfulness of classifications for mental health care
- provide a nationally consistent framework for transparency
- ensure funding based on mental health activity.

The AMHCC aims to provide more accurate and consistent data about services provided to consumers, families and carers across different mental healthcare settings. The AMHCC incorporates:



setting



age group



Mental Health Phase of Care (MHPoC)



mental health legal status (MHLS)

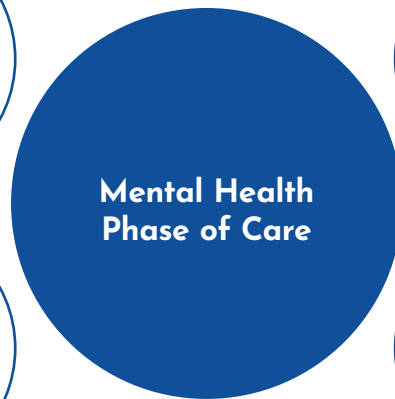
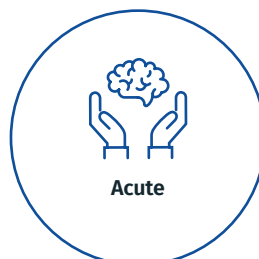


Health of the Nation Outcome Scales (HoNOS)



Life Skills Profile (LSP-16)

The MHPoC is a measure of the primary goal of care and therefore, along with other variables is used to calculate future funding, manage resources and improve care services. There are four phases of care: Acute, Functional Gain, Consolidating Gain and Intensive Extended. Assessment Only is now a data item, no longer a MHPoC.



Note: Assessment Only is no longer a MHPoC, it is now a data item.



**'MHPoC is more than codes and administration, it has real clinical utility. It is a core component of what we need to do for our consumers, families, carers, peer workers and their journey with us.'**

MHPoC is linked to the problem solving and reflection we do everyday. Incorporating MHPoC into the conversations, review and care planning that we share with consumers, families, carers, colleagues and peer workers will support care, allow for more flexible clinical intervention and service provision, support high-value clinical discussions and support the future provision of resourcing for services.

# MHPoC questions for your multidisciplinary team (MDT) and care planning meetings

**Building a shared understanding of the MHPoC starts with talking to consumers, families, carers and colleagues.**

Clinicians around Australia have told us that effective education on MHPoC starts with team conversations, local application and reflection.

We invite you to use MHPoC in your clinical toolkit by regularly discussing these questions in your multidisciplinary team or care planning meetings and in conversations with consumers, families and carers. Start with one or two questions and build your understanding together.

## Discussion questions for MDT and care planning meetings




- ? What MHPoC are we in?
- ? What goals do the consumer, families, carers and peer workers have and where does that fit with our determined current MHPoC?
- ? What does this MHPoC feel like for the consumer, their family, carer or peer worker?
- ? How do we progress if clinical and consumer goals don't align?
- ? Is our current treatment inline with the current phase?
- ? What interventions are planned for the next care period and what MHPoC phase would this fit best with?

### Additional resources

- [Mental Health Phase of Care Education Resources](#) — explore fact sheets, guides, videos, journey maps and webinars.
- [Extension Education Activity](#) — create your own consumer journey map with your team.

### Further information

To learn more about the Independent Health and Aged Care Pricing Authority, get in touch with us via the details below.

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Find us online to connect with us.

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