





Allergens and Anaphylaxis

Background

Amendments occurred as a result of a public submission received regarding T88.6 *Anaphylactic shock due to adverse effect of correct drug or medicament properly administered.*

However it was identified that anaphylaxis codes, and allergens across ICD-10-AM also required review.

ACS 2004 *Allergic reaction NOS* has been retired.



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Code title changes

- T78.0 [Anaphylaxis and anaphylactic shock](#) due to adverse food reaction
▼ 2115
- T78.2 [Anaphylaxis and anaphylactic shock](#), unspecified
- T80.5 [Anaphylaxis and anaphylactic shock](#) due to serum
- T88.6 [Anaphylaxis and anaphylactic shock](#) due to adverse effect of correct drug or medicament properly administered



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- ⊗ **Y37** [Exposure to or contact with allergens](#)
- ⊗ **Y37.0** [Allergy to fruit, grains, nuts, seeds and vegetables](#)
- ⊗ Y37.00 [Allergy to fruit and vegetables, unspecified](#)
- ⊗ Y37.01 [Allergy to tree nuts](#)
- ⊗ Y37.02 [Allergy to legumes \[ground nuts\]](#)
- ⊗ Y37.03 [Allergy to nuts, not elsewhere classified](#)
- ⊗ Y37.04 [Allergy to sesame seed \(oil\)](#)
- ⊗ Y37.05 [Allergy to seeds, not elsewhere classified](#)
- ⊗ Y37.06 [Allergy to berries](#)

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- ⊗ Y37.07 [Allergy to grains containing gluten](#)
- ⊗ Y37.08 [Allergy to grains, not elsewhere classified](#)
- ⊗ Y37.09 [Allergy to other fruits and vegetables](#)
- ⊗ **Y37.1** [Allergy to natural flora, not elsewhere classified](#)
Excludes: fruit, grains, nuts, seeds and vegetables (Y37.0-)
- ⊗ Y37.10 [Allergy to natural flora, unspecified](#)
- ⊗ Y37.11 [Allergy to pollen](#)
- ⊗ Y37.12 [Allergy to moulds](#)
- ⊗ Y37.19 [Allergy to other natural flora](#)

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Example 1:

A 21 year old patient was brought to the Emergency Department via ambulance with anaphylaxis after accidentally eating a sushi roll containing crab meat (known allergy to crab). His symptoms – eye swelling, rash, wheeze, severe vomiting and acute renal failure, which resolved after IM adrenaline and IV fluids were administered.

Assign:

- T78.0 *Anaphylaxis and anaphylactic shock due to adverse food reaction*
- Y37.21 *Allergy to shellfish, crustaceans*
- Y92.9 *Unspecified place of occurrence*
- N17.9 *Acute kidney failure, unspecified*



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Example 2:

This 4 year old patient presented to the Emergency Department from home with swelling of the face, lips, tongue, throat and urticaria following ingestion of strawberries. The patient was diagnosed with allergic angioedema. IM adrenaline administered and patient observed for four hours.

Assign:

- T78.3 *Angioneurotic oedema*
- Y37.06 *Allergy to berries*
- Y92.09 *Place of occurrence, other and unspecified place in home*



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Further information

For further detailed information regarding this revision please refer to the Reference to Changes Document provided in this Education Package.



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